



通告編號：2022/23-137

各位家長：

2023年2月20日起之中一至中五課堂安排

為配合教育局有關「調整學校防疫抗疫措施和逐步及有序地調整上課安排」的措施，本校將於2023年2月20日起採用全日面授課堂時間表。隨函夾附課堂時間表，以供參閱。「循環周日」的編排請參照「學生手冊2022-2023」內容。2023年2月1日至17日為中期考試，學生應參照考試時間表，勤加溫習，作最佳準備。

午膳安排

由2023年2月20日起，午飯時間學生可以選擇留校或外出用餐。若選擇留校用餐，學生須在地下有蓋操場指定範圍進食。為減少受感染風險，學生與學生之間須保持適當距離，並於進食後立刻戴上口罩。

集會

學校將在每循環周日4下午1:35至2:00安排集會，透過經驗分享，培養學生的正向價值觀。學生須於下午1:35準時到達學校禮堂按班別排隊點名，參與集會。

課外活動安排

一般情況下，課外活動時間為每天放學後十分鐘開始至下午5:40。個別活動安排將於稍後另發家長信通知家長。所有學生必須於上課日下午5:45前離開學校。

學生應繼續保持警覺，注意個人衛生，以減低感染風險。學生應每天上課前(包括考試期間)量度體溫及進行快速抗原測試，並請家長記錄及簽署學生手冊內之「體溫及快速抗原檢測紀錄表」。

敬祝
安康！

校長
談國軒

2023年1月30日





Circular No.: 2022/23-137

30 January 2023

Dear Parents,

Arrangements starting from 20 February 2023 for S1-5 students

Aligning with the latest policy of the Education Bureau of “resuming normal campus life in a gradual and orderly manner”, the school will execute a whole-day face-to-face timetable, as attached, starting from 20 February 2023. Students should refer to the “Student’s Handbook 2022-2023” for the counting of “Days”. As a reminder, the Mid-year Examination will be arranged in the period of 1-17 February 2023. Students should refer to the examination timetable issued earlier and make good preparation.

Lunch arrangement

Commencing 20 February 2023, students may choose to take their meals at school or outside the campus during the lunchtime. If they opt to stay at school for lunch, students should consume their meals in the designated area in the Covered Playground on the ground floor. For health precautions, students are advised to keep a distance with other students during lunch and put on their masks immediately after consuming their meals.

Assembly

On every Day 4, an assembly will be arranged during the time of 1:35 – 2:00 p.m. During assembly, positive values will be cultivated among our students through experience-sharing. Students should be punctual for the assembly and line up by class in the School Hall by 1:35 p.m.

Arrangement of co-curricular activities

As a general rule, co-curricular activities will be arranged 10 minutes after the end of lessons until 5:40 p.m.. Separate circulars will be issued to inform parents via their children on a programme-based manner. All students should leave school by 5:45 p.m. during school days.

Again, students are reminded to stay vigilant and pay attention to personal hygiene to reduce the risk of infection. Specifically, students should have their body temperatures measured and Rapid Antigen Tests (RATs) carried out every day before going to school, including the examination period. Please check and sign your children’s “Body temperatures and Rapid Antigen Test Record” in the Student’s Handbook every day before they go to school.

Thank you for your attention!

Yours sincerely,

Tam Kwok Hin
Principal





COGNITIO COLLEGE (KOWLOON) 文理書院 (九龍)

6 MUK HUNG STREET, KOWLOON CITY, KOWLOON.

TELS: 23231741, 23231742 FAX: 23255465 WEBSITE: <http://www.cckln.edu.hk>

Timetable 時間表 (2022-23)

(Effective from 20 February 2023 until further notice)

由 2023 年 2 月 20 日至另行通知

Time 時間	Day 循環日 1, 3, 5, 6, 8, 10 (Long Day 長日)	Day 循環日 2, 7, 9 (Short Day 短日)	Day 循環日 4 (Short Day 短日)
08:00 – 08:15	Roll Call 點名		
08:15 – 09:00	Lesson 1 第一堂		
09:00 – 09:45	Lesson 2 第二堂		
09:45 – 10:00	Recess 小息		
10:00 – 10:45	Lesson 3 第三堂		
10:45 – 11:30	Lesson 4 第四堂		
11:30 – 11:40	Recess 小息		
11:40 – 12:25	Lesson 5 第五堂		
12:25 – 13:35	Lunch Break 午飯時間		
13:35 – 13:40	Roll Call 點名		Assembly 集會 (13:35 – 14:00)
13:40 – 14:25	Lesson 6 第六堂		Lesson 6 第六堂 (14:00 – 14:45)
14:25 – 15:10	Lesson 7 第七堂		Lesson 7 第七堂 (14:45 – 15:30)
15:10 – 15:15	Recess 小息		
15:15 – 16:00	Lesson 8 第八堂		



六十周年校慶紀念 60th Anniversary (1962-2022)